

PST/INTERVIEWS FOR ANNAPOLIS, MD

Dates for 2004

JAN 8 th	FEB 12 th	MAR 11 th	APR 8 th
MAY 13 th	JUN 10 th	JUL 8 th	AUG 12 th
SEP 9 th	OCT 14 th	NOV 12 th	DEC 9 th

***Note:** You will experience a delay in the processing of your PST request if you have not followed the Step-by-Step Guideline. Please read and follow the [PST Request-
http://www.seal.navy.mil/pdf/pstrequest.pdf](http://www.seal.navy.mil/pdf/pstrequest.pdf) PST's are scheduled NLT 72hours prior to test time and date.

Time 1000

Arrive min 15 early to ensure you have time to warm-up. BE READY TO START THE PST @1000 LATE ARRIVALS WILL NOT BE TESTED

LOCATION

West end of MacDonough Hall, U.S. Naval Academy:
MacDonough Hall

DIRECTIONS

From Washington, DC: Lake US Route 50 East for 35 miles and get off on Rowe Blvd., Exit 24. Take Rowe Blvd. 1.6 miles to where it dead-ends at College Ave. - make a left turn. Go to the first stop light, this will be King George St. - make a right turn. Follow King George St. for two blocks. Enter Gate 1; ask Marine guard for directions to MacDonough Hall.

From Baltimore: Take either Interstate 97 South or Maryland Route 2 South for 26 miles and get off on Rowe Blvd., Exit 24. Take Rowe Blvd. 1.6 miles to where it dead-ends at College Ave. - make a left turn. Go to the first stop light, this will be King George St. - make a right turn. Follow King George St. for two blocks. Enter Gate 1; ask Marine guard for directions to MacDonough Hall

From the Eastern Shore: Take US Route 50 West across Bay Bridge and get off on Rowe Blvd., Exit 24. Take Rowe Blvd. 1.6 miles to where it dead-ends at College Ave. - make a left turn. Go to the first stop light, this will be King George St. - make a right turn. Follow King George St. for two blocks. Enter Gate 1; ask Marine guard for directions to MacDonough Hall.

Gear List

Candidates are required to arrive 15 minutes early with the items listed below:

A copy your PST Confirmation email

Military identification card

T-shirt, dungarees or cammies, and boots for **SEAL candidates**

T-shirt, shorts, and running shoes for **SWCC candidates**

Swimsuit and towel

Drinking water

Upon Successful completion of the PST

Candidate will be interviewed, *IAW MILPERSMAN 1220-150.

Interview requirement items:

- (1) Completed NC worksheet
(<http://www.seal.navy.mil/seal/pdf/ncworksheet.pdf>)
 - (2) Uniform of the day
 - (3) Original special request chit
 - (4) Military ID
 - (5) Service record
 - (6) Wavier(s) (See Waivers)
- * No exceptions

NOTE:

Cancellations ASAP

<mailto:motivators@navsoc.navy.mil>