

PST/INTERVIEWS FOR NAB CORONADO, CA

Dates for 2004

JAN 6 TH / 15 TH / 27 TH	FEB 5 th / 19 TH	MAR 2 ND / 18 th	APR 6 th / 22 ND
MAY 4 TH / 20 th	JUN 1 ST / 17 TH	JUL 1 ST / 13 TH / 29 TH	AUG 10 TH / 26 TH
SEP 9 TH / 21 ST	OCT 5 TH / 21 ST	NOV 3 rd / 18 TH	DEC 2 nd / 14 TH

***Note:** You will experience a delay in the processing of your PST request if you have not followed the Step-by-Step Guideline. Please read and follow the [PST Request-
http://www.seal.navy.mil/pdf/pstrequest.pdf](http://www.seal.navy.mil/pdf/pstrequest.pdf) PST's are scheduled NLT 72hours prior to test time and date.

Time 0615

Arrive min 15 early to ensure you have time to warm-up. BE READY TO START THE PST @0615

LOCATION

Building 164, Combat Training Tank, Naval Amphibious Base, Coronado, California

DIRECTIONS FROM CORONADO BRIDGE:

Go to Orange Ave(75 South). Take a left, go through Coronado. It's approx. 2.7 miles from bridge to base. NAB Coronado will be on the left. Enter main gate, continue straight approx. ½ mile, pool will be on the left. **Bldg.164** (Blue sign "COMBAT TRAINING TANK").

DIRECTIONS FROM 5 SOUTH, IMPERIAL BEACH/PALM AVE. EXIT:

Follow Palm Ave., will turn into 75 North(Silver Strand Blvd.) Follow 75 until you reach NAB Coronado on the right. It's approx. 8.3 miles from Imperial Beach/Palm Ave. exit to base. Enter main gate, continue straight approx. ½ mile, pool will be on the left. **Bldg.164**(Blue sign "COMBAT TRAINING TANK").

Gear List

Candidates are required to arrive 15 minutes early with the items listed below:

A copy your PST Confirmation email

Military identification card

T-shirt, dungarees or cammies, and boots for **SEAL candidates**

T-shirt, shorts, and running shoes for **SWCC candidates**

Swimsuit and towel

Drinking water

Upon Successful completion of the PST

Candidate will be interviewed, *IAW MILPERSMAN 1220-150.

Interview requirement items:

- (1) Completed NC worksheet
(<http://www.seal.navy.mil/seal/pdf/ncworksheet.pdf>)
 - (2) Uniform of the day
 - (3) Original special request chit
 - (4) Military ID
 - (5) Service record
 - (6) Wavier(s) (See Waivers)
- * No exceptions

NOTE:

Cancellations ASAP

<mailto:motivators@navsoc.navy.mil>